

## Mud Dog Run Information

**Sunday, 20 January 2019 - TECT All Terrain Park**

Western Bay of Plenty District Council and Tauranga City Council have combined to organise this event at TECT All Terrain Park.

Everyone's welcome to experience the outdoors with their dog and have fun, some exercise and lots of mud.

### The event

The event opens at 10am with the first run starting at 11am, the second, longer run starts at 1pm. You are welcome to do both runs. Report to the Registration Desk on arrival, look for the Council flags.

First Aid will be available for people and dogs. Emergency Radios will be used by event staff to ensure the safety of participants.

People wishing to participate in the event without a dog may do so for free but must still register for the run. All non-dog handlers will be registered on the day at the event.

### Location

The event will start from the Dog Exercise Area carpark at TECT All Terrain Park. The Park is situated on Whataroa Road approximately halfway between Tauranga and Rotorua, on State Highway 36. On arrival, follow the signs to the Dog Exercise Area carpark.

The Park entrance is 29 kilometres from Tauranga, 27 kilometres from Rotorua and 30 kilometres from Te Puke.

**Note:** **There is no mobile reception at the Park** so check out the Park's website about what other activities are available before you arrive at [www.tectallterrainpark.co.nz](http://www.tectallterrainpark.co.nz)

### Run Options

There are two run options, both starting and finishing at the carpark.

#### **11.00am - The short run is 2.5kms - allow 30 to 45 minutes to complete**

This will suit all ages including older people and young children of reasonable fitness. An adult must accompany children under 10 years old.

**Terrain:** The track includes water obstacles, is uneven with pot holes with some exposed tree roots and will be slippery, muddy and steep in some areas.

#### **1pm - The long run is 3.5kms - allow 45 to 60 minutes to complete**

This will suit people with a good level of fitness.

Participants must be 10 years or older.

**Terrain:** The track includes water obstacles, is uneven, has some exposed tree roots and is steep in places. The terrain is more difficult than the short course with added obstacles and muddy areas.

Participants may choose to enter only one run or both runs

Please ensure you have the means to carry your car key safely while on the run as you may get wet!

### **Not Permitted**

Bikes, children's buggies or pushchairs are NOT permitted on either run. No alcohol to be consumed at the event. This is a smoke free event.

### **What to bring**

Appropriate clothing, closed footwear, drinking water, hat and sunscreen for the run. Bring towels, change of clothes and footwear for after the run. You may be wet and muddy. You are welcome to bring your own food or snacks, if you do not wish to purchase it at the event.

You will need **cash** to buy coffee, food or refreshments at the event. **Eftpos will not be available.**

Vet products will also be available for sale at the event.

### **Further info**

Registration numbers will be capped so will be based on a first in first accepted basis.

For further information contact: [angela.joyes@tauranga.govt.nz](mailto:angela.joyes@tauranga.govt.nz)

### **Cancellation**

If the event is cancelled due to extreme weather or unforeseen circumstances – information will be posted here [www.tectallterrainpark.co.nz/events](http://www.tectallterrainpark.co.nz/events)  
[www.facebook.com/westernbaycouncil](http://www.facebook.com/westernbaycouncil)  
[www.facebook.com/taurangacitycouncil](http://www.facebook.com/taurangacitycouncil)

### **Sponsors**

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